

## Your Procedure is Scheduled:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

We appreciate the trust you have placed in our staff. We will make every attempt to honor that trust by providing the highest quality medical care you expect and deserve. We are committed to providing our patients with quality service. For patient care comments, please call and ask for the Administrator (650) 373-1970.

[www.sutterhealth.org/facilities](http://www.sutterhealth.org/facilities)

### Hours of Operation

Monday – Friday  
6:00 a.m. to 5:00 p.m.

The following physicians own and/or perform procedures at the Endoscopy Center:

Tressia Hing, M.D.	Ernest Ribera, M.D.
Eugene Lee, M.D.	Marna Skaar, M.D.
Edward Onuma, M.D., Ph.D.	Anne Thai, M.D.
Robert Osterhoff, M.D.	Vino Verghese, M.D.

*\*Mid Peninsula Endoscopy Center is additionally owned and operated by the following partners, Sutter Health and its affiliates, and Covenant Surgical Partners. Alternative locations for performing your procedures are available. Please contact your doctor for further information. The Center is certified by Medicare and fully accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).*



## Welcome

Mid-Peninsula Endoscopy Center has provided Bay Area patients high-quality, convenient gastroenterological care since 1996.

Our board-certified gastroenterologists and highly trained and experienced staff specialize in endoscopic procedures: nonsurgical examinations of a patient's digestive tract using a long, flexible tube called an endoscope.

At Mid-Peninsula, we offer comprehensive, state-of-the-art care in a comfortable setting. We want to ensure your stay with us is a positive and patient-centered experience.

Our outpatient surgery center is accredited by the Accreditation Association for Ambulatory Health Care, and recognized by the California Ambulatory Surgery Association and the American Society of Gastrointestinal Endoscopy.



**Sutter Health**  
Mid-Peninsula  
Endoscopy Center

## Information about your outpatient procedure

### Directions:

#### From 101 North/South:

Take Millbrae Ave. exit towards El Camino and turn left on El Camino. Turn left on Trousdale Dr., right on California Ave. and enter the parking garage for 1720 Mid Peninsula Medical Arts Building on your right. *Park on Level B.\**

#### From 280:

Exit Trousdale Dr., go down the hill and continue straight across El Camino. Trousdale Dr. ends on California Ave. Turn right on California Ave. and enter parking garage for 1720 Mid Peninsula Medical Arts Building on your right. *Park on Level B.\**

#### From 82/El Camino:

Turn east on Trousdale Dr. towards California Ave. (away from hospital). Turn right on California Ave. and enter parking garage on your right. *Park on Level B.\**

*\*SUITE 100 is straight down the hall from parking Level B.*

**Sutter Health**  
Mid-Peninsula  
Endoscopy Center

1720 El Camino Real, Suite 100  
Burlingame, CA 94010  
(650) 373-1970

[sutterhealth.org/facilities](http://sutterhealth.org/facilities)





# Patient Information

## Prior Notifications

You will be given the following verbal and written information prior to your procedure:

- Patient Rights and Responsibilities
- Notice of Privacy
- Physician Ownership Disclosure
- Policy on Advance Directives

A few days before your procedure, you will receive a phone call from our staff to evaluate your readiness and give instructions for your procedure.

## Advance Health Care Directives

All patients have the right to participate in their own health care decisions and to make Advance Health Care Directives and/or to appoint another person (agent) to make health care decisions on their behalf, when they are unable to make decisions for themselves or are unable to communicate decisions. The surgery center respects and upholds those rights.

You are not required to have an Advance Health Care Directive to receive care at the surgery center. However, unlike in an acute care hospital setting; the

surgery center does not routinely perform “high risk” procedures. Most procedures performed in this facility are considered to be of minimal risk. Of course, no surgery is without risk. You will discuss the specifics of your procedure with your physician who can answer your questions as to its risks, your expected recovery and care after your surgery.

In accordance with federal/state law and reasons of conscience, the surgery center is notifying you that if an adverse event occurs, regardless of the contents of any Advance Health Care Directive or instructions from a healthcare agent, the surgery center will initiate resuscitative or other stabilizing measures and transfer you to an acute care hospital for further evaluation.

If you would like additional information, please contact the surgery center at **(650) 373-1970**. If you do not agree with our policy we will be pleased to assist you with an appropriate referral.

## Prior to Your Procedure

- Make arrangements for someone to drive you to and from your procedure. We request your driver to stay in the nearby area during your procedure.
- Please limit the number of persons accompanying you to one.
- Please make arrangements for childcare in advance.
- If you have any questions about taking medications prior to the procedure or the preparation for a procedure, please contact your physician's office.
- You will NOT be permitted to leave the facility unaccompanied and alone in a taxi. We will be forced to postpone your procedure if you do not have a responsible adult companion.



## Anesthesia

Anesthesia is used to relieve pain and sensation during procedures. There are up to five types of anesthesia used in our various outpatient settings: general, regional, IV sedation, local and topical. Before the procedure, you will be given an intravenous sedative or medication to relax and make you comfortable during the procedure. Your doctor or your anesthesiologist will explain and determine the type of sedation or anesthesia best suited for you and your procedure.

## Before Your Procedure

- Bring your insurance card, photo identification, copayment and advance directives (if you have one) with you.
- Please check-in at the reception desk before your procedure is scheduled to begin.
- Bring a list of all medications and supplements you are currently taking. Be sure to write the name, dose, how often you take the medication and your reason for taking it. Also, write down the name of the doctor if it is a prescribed medication.

## After Your Procedure

- Your recovery time will vary according to your procedure and type of anesthesia used. You will be sent home once your doctor determines you are safe to go home.
- You will be given written home care instructions. Follow these restrictions as ordered by your doctor while you are recovering at home. Depending on your procedure, some of these restrictions will include avoiding strenuous physical activities, the drinking of alcoholic beverages, operating machinery, driving a car and/or making important decisions.
- Mid-Peninsula Endoscopy center will give you a call the day after your procedure to check on your progress. Contact your doctor if you are experiencing severe pains or complications requiring immediate attention following your procedure.
- If you have any reason to think you need urgent help, call 911 or go the nearest emergency room.



## Payment

The center will verify your benefits and obtain authorization prior to your procedure. You will be notified of your financial responsibility for the facility fee prior to your scheduled procedure date. Payment for your services at the surgery center are due the day of your procedure. Cash, check and credit cards are accepted. If you anticipate difficulty with your bill, please let us know before your procedure so we can work together to establish a fair solution. You may also be billed for such services as Anesthesia, Pathology, Laboratory and Surgeon fees as dictated by your procedure.